

**Daedo Sparring**

**Traditional Poomsae**

**Sport Poomsae**

**Breaking**

# 2019 MARYLAND EAST COAST TAEKWONDO OPEN CHAMPIONSHIPS

**OPEN TO ALL STATES**

## Information Packet

**Saturday: May 4, 2019**

**Competition Venue:**

**CCBC – Essex Community College Gymnasium  
7201 Rossville Blvd. Baltimore County, MD 21237**

**More Information at: [WWW.MARYLANDTAEKWONDO.ORG](http://WWW.MARYLANDTAEKWONDO.ORG)**

**For Information Call: (410) 731-4400**

**E-Mail: [msta.tournament.chairman@gmail.com](mailto:msta.tournament.chairman@gmail.com)**

**PRE-REGISTER ONLINE: [www.regonline.com/2019MDEastCoastOpen](http://www.regonline.com/2019MDEastCoastOpen)**

**Maryland State Taekwondo Association board members:**

**President: Senior Master Chien Vuong**

**President-Elect: Senior Master Joseph Pirczhalski III**

**Immediate Past President: Senior Master Yong Seong CJ Chang**

**Vice President: Master Roy Rothenberg**

**Vice President: Master Khaled Saleh**

**Honorary President: Grand Master Se Yong Chang**

**Referee Chairman: Grand Master John Holloway**

**Secretary General: Master Tony Hwang**

**Treasurer General: Mrs. Mindy Pirczhalski**

**Coach Chairman: Master Lee Henschel**

**AAC Chairman: Mr. Nick Hoffman**



**Organized by: Maryland State  
Taekwondo Association**



**National Level Tournament Facility & International Referees**

**Beautiful 6 foot Trophies for Black Belt Grand Championship winners**

**\$100 cash prize for all athletes that place first in all 3 Events**



# 2019 Maryland East Coast Open Taekwondo Championships



Saturday May 4, 2019

## Message from the MSTA President

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*Greetings Grand-Masters, Masters, Instructors, Athletes, & Parents*

April 9, 2019

Invitation to the 2019 Maryland East Coast Open Taekwondo Championships

I am pleased to announce that MSTA will be hosting the Maryland East Coast Open Taekwondo Championships to be held on May 4, 2019, in Baltimore Maryland.



Following this year's successful Maryland State USAT Qualifier and 3<sup>rd</sup> Maryland Governor's Cup, I would like to invite you to participate in the upcoming East Coast Open. As you all know, these regional events are a wonderful opportunity to help support our athletes, coaches and referees for this year's National Championships and I want to personally thank you for your continued participation. **We will be providing DAEDO SCORING for 12-32 BLACK BELT competitions only. Those competitors must provide their own Gen 2 socks. We will also be holding an option for athletes to compete in either Traditional or Sport Poomsae for 12+ BLACK BELT Divisions only.** With everyone's support, the sport of Taekwondo will continue to thrive in Maryland and we will train the next generation of leaders by teaching them to apply the principles of honor, pride, courtesy and integrity learned through the art of Taekwondo.

Sincerely yours,

Senior Master Chien Vuong

*Chien Vuong*

Maryland State Taekwondo Association President

## Message from the Tournament Director

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Greetings Taekwondo Members,

I would like to welcome everyone to the 2019 Maryland East Coast Open Championships. This tournament will continue the MSTA legacy of providing you with the highest and finest quality of Taekwondo competition in the Tri-State area of Maryland, Virginia and D.C. With so many talented individuals the Maryland State Taekwondo Association and I are looking forward to this event being very exciting.

Look forward to seeing all of you at this great tournament, so keep practicing and good luck. May the Fourth be with you.



Senior Master Joseph Pirczhalski III

*Joseph Pirczhalski* JJJ

Maryland State Taekwondo Association President-Elect



# 2019 Maryland East Coast Open



Saturday May 4, 2019

CCBC – Essex Community College Gymnasium  
7201 Rossville Blvd, Essex, MD 21237

Info: (410) 731-4400 [www.marylandtaekwondo.org](http://www.marylandtaekwondo.org)

## GENERAL INFORMATION

### COMPETITION:

**Maryland State East Coast Open Championships.**

### COMPETITION FEES:

- 1) Sparring, Poomsae (Forms), & Breaking \$75 for one event & \$15 for each additional event. (Late registration adds \$20.)
- 2) Coach Pass: **Early Registration: \$30** (Late registration adds \$20.)  
1 free Coach pass for every (10) competitors.  
**(10 Competitors = 1 pass 19 = 1 pass 20 = 2 passes)**
- 3) Early registration ends 5/1/2019 11:59 PM EST
- 4) Late registration ends 5/3/2019 11:59 PM EST (Late Fee \$20)
- 5) Online Registration via:

### ON-LINE REGISTRATION LINK:

<https://www.regonline.com/2019MDEastCoastOpen>

- 6) On-site registrations **will** be accepted with a \$20 late charge. See above.
- 7) On-site payment will be accepted at the door. Only Cash, Cashiers check, money orders, or Pre-Approved School Checks accepted. Please make all payments to **"MSTA"**

**NO PERSONAL CHECKS ACCEPTED!!!! NO CREDIT CARDS ACCEPTED!!!!**

### ADMISSION FEES:

\$10 (**CASH ONLY**) \*Children 4 & under / 65 & over Free\*

### COACHING:

Coach's Pass (Please refer to number 2 under Competition Fees)

### COMPETITION RULES:

Modified USAT & WTF competition rules will govern this Championship.

### WEIGH-IN:

Weigh-In required only for Black Belts who are competing in the (12-14), (15 – 17), & (18-32) sparring divisions. Weigh-in will take place on Saturday 5/4/19 at the venue between 8:00 AM – 8:30 AM.

### MANDATORY EQUIPMENT:

All Sparring competitors must wear a Clean uniform, (WTF approved): white, red or blue headgear (red & blue headgear must match chest protector color), red and blue reversible chest protector, forearm guard, shin & instep guard, groin cup (male only, worn inside), and mouthpiece. Daedo Competitors must provide their own Gen 2 Daedo socks (electronic foot gear). Daedo Sparring socks **will** be available for purchase at the tournament site but are available at [www.tkdscore.com](http://www.tkdscore.com). Each competitor must provide his or her own equipment. Some equipment will be sold at the tournament site.

### COMPETITOR AWARDS:

Official MSTA Medals will be awarded to:  
Traditional/Sport Poomsae: one 1<sup>st</sup>, one 2<sup>nd</sup> & two 3<sup>rd</sup> place winners.  
Breaking: one 1<sup>st</sup>, one 2<sup>nd</sup> & one 3<sup>rd</sup> place winners.  
Sparring: one 1<sup>st</sup>, one 2<sup>nd</sup> and two 3<sup>rd</sup> place winners.

Beautiful **6 foot Trophies** for **Black Belt Grand Championship** winners and **\$100 cash prize** for all athletes that place first in all 3 Events (Sparring/Poomsae/Breaking)

### HOTEL:

Marriot - Fairfield Inn Baltimore North (Class A Hotel)  
4 Philadelphia Court, Baltimore, MD 21237  
(410) 574-8100



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## SCHEDULE OF EVENTS

### Weigh-In Sat. 5/4/19

**Required only for Black Belts competing in the (12-14), (15-17), & (18-32) Divisions**

TIME	EVENT	LOCATION
8:00 AM - 8:30 AM	<b>Weigh-In</b> Required for all competitors that are competing in the Black Belt (12-14), (15-17), & (18-32) divisions	CCBC-Essex Comm. College Gym 7201 Rossville Blvd Essex, MD 21237

### COMPETITION Sat. 5/4/19

TIME	EVENT	LOCATION
8:00 AM – 8:30 AM	Registration Pickup (MANDATORY) <b>For All Competitors 12 &amp; up ONLY</b>	CCBC Gym
8:30 AM	Referee Meeting (MANDATORY)	CCBC Gym
8:30 AM	Report time for all <b>12 &amp; Up Forms and Daedo Sparring</b>	CCBC Gym
9:00 AM	<b>Competition begins for 12 &amp; up ALL divisions ONLY</b>  Poomsae (Forms) Competition (Traditional/Sport) CCBC Gym Breaking Competition immediately following Poomsae (Forms) CCBC Gym Sparring Competition immediately following Breaking CCBC Gym	
12:00 PM – 1:00 PM	Registration Pickup (MANDATORY) <b>For All Competitors 11 &amp; under ONLY</b>	CCBC Gym
12:30 PM	Lunch Break	CCBC Gym
1:00 PM	Opening Ceremony	CCBC Gym
1:30 PM	<b>Competition begins for 11 &amp; under all divisions ONLY</b>  Poomsae (Forms) Competition (Traditional) CCBC Gym Breaking Competition immediately following Poomsae (Forms) CCBC Gym Sparring Competition immediately following Breaking CCBC Gym	

### IMPORTANT

MSTA uses the date December 31 of the given year (December 31, 2019) to determine the age of all competitors. For example: an athlete turns 12 on October 26, 2019, so they would compete as a 12 year old in the given event, even though they are 11 years old at the time of the event.

**Note: All Schedule & Events are subject to change without notification.**



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## **Registration Rules and Regulations**

All Competitors and Coaches must register on-line.

- **THE REGISTRATION FEE IS NON-REFUNDABLE**
- Early on-line registration ends 5/1/2019 11:59 PM EST
- Late on-line registration ends 5/3/2019 11:59 PM EST (Late Fee \$20)
- On Site registration will be available which will include a \$20 late fee.
- Events:
  - Sparring, Traditional/Sport Poomsae (Forms), & Breaking
    - \$75 for one event & \$15 for each additional event.
    - Late registration adds \$20
- Coach Pass:
  - \$30 (Late registration adds \$20)
  - 1 free Coach pass for every (10) competitors.  
(10 Competitors = 1 pass    19 = 1 pass    20 = 2 passes)
- Online Registration via: <https://www.regonline.com/2019MdEastCoastOpen>
  - Registration Payment Options
    1. Credit Card
    2. Will Call /On-Site
      - Cash, Cahiers checks, Money orders, or Pre-Approved School Checks will only be accepted for On-Site Payments.
      - Please make all payments to “MSTA”
      - **NO PERSONAL CHECKS ACCEPTED!!!! NO CREDIT CARDS ACCEPTED!!!!**
  - There will be NO weigh-in for All Color Belt Divisions, Black Belt divisions (11 and under) or black belt divisions (33 and up.)
    - You must enter your correct weight during your registration. If there seems to be a **purposeful falsifying** of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration **will not** be allowed to compete and be **disqualified**. (Competitors will not be moved up or down divisions due to this falsification).
- **THE REGISTRATION FEE IS NON-REFUNDABLE**



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## Competition Rules and Regulations

MSTA uses the date December 31 of the given year (December 31, 2019) to determine the age of all competitors. For example: an athlete turns 12 on October 26, 2019, so they would compete as a 12 year old in the given event, even though they are 11 years old at the time of the event.

Sparring Competition Rules	
Age	Rules
11 & under	USAT/WTF Modified rules. No Head Contact for all belts except BB Ages (8-11) Junior Safety rules for Black Belts (ages 8-11)
12 – 14	USAT/WTF Modified rules. Junior Safety Rules for All Belts
15 – 17	USAT/WTF Modified rules. Junior Safety Rules for Color Belts Senior Rules for Black Belts
18 & up	USAT/WTF Modified rules. Senior Rules for All Belts

### Important

#### **Ages (12-32) Black Belt sparring Divisions ONLY:**

Weigh-in required only for BLACK BELTS who are competing in the (12-14, 15-17 & 18-32) year old sparring divisions. Weigh-in will take place on Saturday May 4<sup>th</sup> at the venue between 8am - 8:45am. Competitors will be allowed two opportunities to stand on the scale, during this time if unable make weight on the 2nd try, Competitors will be moved up to next divisions.

**We will have Daedo Sparring available for all 12-32 years old BLACK BELT ONLY. You must provide your own Gen 2 Daedo socks (electronic foot gear). Daedo Sparring socks are available at [www.tkdscore.com](http://www.tkdscore.com)**

#### **All Color Belts Divisions, Black Belt Divisions (11 & under), Black Belt Divisions (33 and up):**

There will be **NO** weigh-in for All Color Belt divisions, Black Belt divisions (11 and under), or Black Belt divisions (33 and up.) You must enter your correct weight during your registration. If there seems to be a purposeful falsifying of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration will not be allowed to compete and be disqualified. (Competitors will not be moved up or down divisions due to this falsification).

\*\*\*If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.

\*\*\*Athletes ages 15 - 17 (**Sparring division ONLY**) may compete in their own division or an older age division for their respective weight.

\*\*\*Athletes 33 years and up (**Sparring division ONLY**) have the option to compete in their own division or the 18-32 year old division for their respective weight.



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## Poomsae

### ALL Taekwondo Forms will be allowed for Traditional Poomsae

Rank (Kub)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom-Dan: 1 - 2 - 3
Belt Colors	White/Yellow/Orange		Green	Blue/Purple	Red/Brown	Black
Poomse: Taeguek / Palgwae / Chang Hon / Pyung Ahn / etc..	Basic Form / 1 or 2		3 or 4	5 or 6	7 or 8	Koryo-Keumgang-Taebaek etc.,

**TRADITIONAL:** Poomsae competitors must perform only the Poomsae designated for their specific rank. ALL Taekwondo poomsaes will be allowed. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Poomsae will be bracket competition like Sparring.

**SPORT** : Poomsae competitors must perform only the Poomsae designated below. Sport Poomsae scoring.

### BLACK BELT COMPULSORY POOMSAE

We will be following the USA Taekwondo Compulsory Poomsae sets.

Designated Poomsae Selection is on page 13 and is also available on the MSTA website at:

[www.marylandtaekwondo.org](http://www.marylandtaekwondo.org)

\*\*\*This is Only for Competitors that are competing in the Sport Poomsae Divisions.\*\*\*

## Kuk-pa (Breaking)

1. Competitors must provide their own boards and holders.
2. **Only Pine Boards** will be allowed. **No** bricks, cinder blocks, or fruit.
3. Competitors can choose the kind of techniques and number of boards to break.
4. The maximum number of stations is 3.
5. Maximum number of techniques per station is 3.
6. The maximum set-up time is 1 minute.
7. The maximum time to complete the performance is 1 minute.
8. The maximum number of tries is 2 times.
9. The performance must be done within the regulation ring size.

\*\*\* Boards will be available for purchase at the Venue. \*\*\*



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## 2019 MD East Coast Open Gyorogi Divisions

### Gyorogi (Sparring) – All Belts Ages (4 – 14)

SPARRING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
TURTLE SPARRING	LIGHT	White/Yellow/Orange Green Blue/Purple Brown/Red Black	4	5	Division Based	M/F	0	42.0 lbs
	MIDDLE						42.1	51.0 lbs
	HEAVY						51.1 lbs	999.9 lbs
DRAGON SPARRING	LIGHT	White/Yellow/Orange Green Blue/Purple Brown/Red Black	6	7	Division Based	M/F	0 lbs	51.0 lbs
	MIDDLE						51.1 lbs	59.0 lbs
	HEAVY						59.1 lbs	999.9 lbs
TIGER SPARRING	LIGHT	White/Yellow/Orange Green Blue/Purple Brown/Red Black	8	9	Division Based	M/F	0 lbs	55.0 lbs
	MIDDLE						55.1 lbs	66.0 lbs
	HEAVY						66.1 lbs	999.9 lbs
YOUTH SPARRING	LIGHT	White/Yellow/Orange Green Blue/Purple Brown/Red Black	10	11	Division Based	M/F	0 lbs	77.0 lbs
	MIDDLE						77.1 lbs	88.0 lbs
	HEAVY						88.1 lbs	999.9 lbs
CADET SPARRING	FLY	White/Yellow/Orange Green Blue/Purple Brown/Red Black	12	14	Division Based	F	0	72.8 lbs
	FEATHER						72.9 lbs	90.4 lbs
	WELTER						90.5 lbs	103.6 lbs
	MIDDLE						103.7 lbs	121.3 lbs
	HEAVY						121.4 lbs	999.9 lbs
	FLY					M	0	81.6 lbs
	FEATHER						81.7 lbs	99.2 lbs
	WELTER						99.3 lbs	116.8 lbs
	MIDDLE						116.9 lbs	134.4 lbs
	HEAVY						134.5 lbs	999.9 lbs

\*We will have **Daedo Sparring** available for all **12-32 years** old **BLACK BELT ONLY**. You must provide your own Gen 2 Daedo socks (electronic foot gear). Daedo Sparring socks **will be** available for sale at the tournament site but are also available at [www.tkdscore.com](http://www.tkdscore.com).\*

**\*If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.\***

**\*ALL DIVISIONS ARE SUBJECT TO CHANGE\***





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## Gyoroogi (Sparring) – Ages (15 - 17) Color Belts

SPARRING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
JUNIOR SPARRING	FLY	White/Yellow/Orange Green Blue/Purple Brown/Red	15	17	Match Numbered	F	0	97.0 lbs
	FEATHER						97.1 lbs	108.0 lbs
	WELTER						108.1 lbs	121.3 lbs
	MIDDLE						121.4 lbs	138.9 lbs
	HEAVY						139.0 lbs	999.9 lbs
	FLY					M	0	105.8 lbs
	FEATHER						105.9 lbs	121.3 lbs
	WELTER						121.4 lbs	138.9 lbs
	MIDDLE						139.0 lbs	160.9 lbs
	HEAVY						161.0 lbs	999.9 lbs

## Gyoroogi (Sparring) – Ages (18 - 32) Color Belts

SPARRING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
SENIOR SPARRING	FLY	White/Yellow/Orange Green Blue/Purple Brown/Red	18	32	Match Numbered	F	0	108.0 lbs
	FEATHER						108.1 lbs	125.7 lbs
	WELTER						125.8 lbs	147.7 lbs
	HEAVY						147.8 lbs	999.9 lbs
	FLY					M	0	127.9 lbs
	FEATHER						128.0 lbs	149.9 lbs
	WELTER						150.0 lbs	176.4 lbs
	HEAVY						176.5 lbs	999.9 lbs

**\*If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.\***

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## Gyorrogi (Sparring) – Ages (15 - 17) Black Belts

SPARRING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
JUNIOR SPARRING	FIN	Black	15	17	Match Numbered	F	0	92.6 lbs
	FLY						92.7 lbs	97.0 lbs
	BANTAM						97.1 lbs	101.4 lbs
	FEATHER						101.5 lbs	108.0 lbs
	LIGHT						108.1 lbs	114.6 lbs
	WELTER						114.7 lbs	121.3 lbs
	LIGHT MIDDLE						121.4 lbs	130.0 lbs
	MIDDLE						130.1 lbs	138.9 lbs
	LIGHT HEAVY						139.0 lbs	149.9 lbs
	HEAVY						150.0 lbs	999.9 lbs
	FIN					M	0	99.2 lbs
	FLY						99.3 lbs	105.8 lbs
	BANTAM						105.9 lbs	112.4 lbs
	FEATHER						112.5 lbs	121.3 lbs
	LIGHT						121.4 lbs	130.0 lbs
	WELTER						130.1 lbs	138.9 lbs
	LIGHT MIDDLE						139.0 lbs	149.9 lbs
	MIDDLE						150.0 lbs	160.9 lbs
	LIGHT HEAVY						161.0 lbs	172.0 lbs
	HEAVY						172.1 lbs	999.9 lbs

**\*We will have Daedo Sparring available for all 12-32 years old BLACK BELT ONLY. You must provide your own Gen 2 Daedo socks (electronic foot gear). Daedo Sparring socks will be available for sale at the tournament site but are also available at [www.tkdscore.com](http://www.tkdscore.com).\***

**\*If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.\***

**\*Black Belt Athletes ages 15 - 17 (Sparring division ONLY) may compete in their own division or an older age division for their respective weight.\***

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## Gyoroogi (Sparring) – Ages (18 - 32) Black Belts

SPARRING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
SENIOR SPARRING	FIN	Black	18	32	Match Numbered	F	0	101.4 lbs
	FLY						101.5 lbs	108.0 lbs
	BANTAM						108.1 lbs	116.9 lbs
	FEATHER						117.0 lbs	125.7 lbs
	LIGHT						125.8 lbs	136.7 lbs
	WELTER						136.8 lbs	147.7 lbs
	MIDDLE						147.8 lbs	160.9 lbs
	HEAVY						161.0 lbs	999.9 lbs
	FIN					M	0	119.0 lbs
	FLY						119.1 lbs	127.9 lbs
	BANTAM						128.0 lbs	138.9 lbs
	FEATHER						139.0 lbs	149.9 lbs
	LIGHT						150.0 lbs	163.1 lbs
	WELTER						163.2 lbs	176.4 lbs
	MIDDLE						176.5 lbs	191.8 lbs
	HEAVY						191.9 lbs	999.9 lbs

\*We will have **Daedo Sparring** available for all 12-32 years old **BLACK BELT ONLY**. You must provide your own Gen2 Daedo socks (electronic foot gear). Daedo Sparring socks **will** be available for sale at the tournament site but are also available at [www.fkdscore.com](http://www.fkdscore.com).\*

## Gyoroogi (Sparring) – Ages (33 & up) All Belts

SPARRING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
ULTRA SPARRING	LIGHT	White/Yellow/Orange	33	40	Division Based	F	0	125.9 lbs
	MIDDLE		41	50			126.0 lbs	147.9 lbs
	HEAVY						148.0 lbs	999.9 lbs
	LIGHT	Green Blue/Purple Brown/Red Black	51	99		M	0	149.9 lbs
	MIDDLE						150.0 lbs	175.9 lbs
	HEAVY						176.0 lbs	999.9 lbs

\*Black Belt Athletes 33 years and up (**Sparring division ONLY**) have the option to compete in their own division or the 18-32 year old division for their respective weight.\*

**\*If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.\***

**\*ALL DIVISIONS ARE SUBJECT TO CHANGE\***



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## 2019 MD East Coast Open Poomsae Divisions

**Poomsae (Forms) – All Ages** – All Taekwondo Forms will be allowed for Traditional. Only WTF approved for Sport Poomsae.

TRADITIONAL POOMSAE								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
Poomsae	DRAGON	White/Yellow/Orange Green Blue/Purple Brown/Red Black	4	7	Division Based	M/F	0 lbs	999 lbs
	TIGER		8	9				
	YOUTH		10	11				
	CADET		12	14				
	JUNIORS		15	17				
	1 <sup>st</sup> SENIOR		18	30				
	2 <sup>nd</sup> SENIOR		31	40				
	1 <sup>st</sup> MASTERS		41	50				
	2 <sup>nd</sup> MASTERS		51	60				
3 <sup>rd</sup> MASTERS	61	99						

SPORT POOMSAE								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
Poomsae	CADET	Black	12	14	Division Based	M/F	0 lbs	999 lbs
	JUNIORS		15	17				
	1 <sup>st</sup> SENIOR		18	30				
	2 <sup>nd</sup> SENIOR		31	40				
	1 <sup>st</sup> MASTERS		41	50				
	ULTRA MASTERS		51	99				

## 2019 MD East Coast Open Breaking Divisions

**Breaking – All Ages** - Competitors must provide their own boards and holders. Only Pine Boards will be allowed. Please refer to page 7 for rules and regulations for breaking.

BREAKING								
Sub event Name	Division Name	Belt Color	Min Age	Max Age	Format	Gender	Min. Wt.	Max. Wt.
Breaking	DRAGON	White/Yellow/Orange Green Blue/Purple Brown/Red Black	4	7	Division Based	M/F	0 lbs	999 lbs
	TIGER		8	9				
	YOUTH		10	11				
	CADET		12	14				
	JUNIORS		15	17				
	1 <sup>st</sup> SENIOR		18	32				
	2 <sup>nd</sup> SENIOR		33	99				

**\*If there are less than four athletes in a division, the organizing committee may combine divisions.\***

**\*ALL DIVISIONS ARE SUBJECT TO CHANGE\***



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## Poomsae Draw

<b>Female</b>	<b>Cadet (12-14)</b>	<b>Junior (15-17)</b>	<b>Senior 1(18-30)</b>	<b>Senior2(31-40)</b>
<b>Preliminary</b>	Taegeuk 8	Taebaek	Taegeuk 6	Koryo
<b>Semifinal</b>	Taegeuk 4	Taegeuk 6	Koryo	Taegeuk 7
<b>Final 1</b>	Koryo	Keumgang	Taebaek	Taegeuk 8
<b>Final 2</b>	Keumgang	Koryo	Pyongwon	Taebaek
<b>Female</b>	<b>Master 1(41-50)</b>	<b>Master 2 (51-80)</b>	<b>Master3(61-85)</b>	<b>Master 4 (66+)</b>
<b>Preliminary</b>	Taegeuk 6	Keumgang	Taebaek	Jitae
<b>Semifinal</b>	Taegeuk 8	Koryo	Pyongwon	Hansu
<b>Final 1</b>	Koryo	Chonkwon	Keumgang	Shipjin
<b>Final 2</b>	Taegeuk 8	Pyongwon	Jitae	Pyongwon
<b>Male</b>	<b>Cadet (12-14)</b>	<b>Junior (15-17)</b>	<b>Senior 1(18-30)</b>	<b>Senior2(31-40)</b>
<b>Preliminary</b>	Taegeuk 8	Taebaek	Jitae	Koryo
<b>Semifinal</b>	Taegeuk 4	Taegeuk 6	Hansu	Taegeuk 7
<b>Final 1</b>	Koryo	Keumgang	Shipjin	Taegeuk 8
<b>Final 2</b>	Keumgang	Koryo	Pyongwon	Taebaek
<b>Male</b>	<b>Master 1(41-50)</b>	<b>Master 2 (51-80)</b>	<b>Master3(61-85)</b>	<b>Master 4 (66+)</b>
<b>Preliminary</b>	Taegeuk 6	Keumgang	Taebaek	Jitae
<b>Semifinal</b>	Taegeuk 8	Koryo	Pyongwon	Keumgang
<b>Final 1</b>	Koryo	Chonkwon	Keumgang	Taebaek
<b>Final 2</b>	Taegeuk 8	Pyongwon	Jitae	Shipjin
<b>Female Team</b>	<b>Cadet (12-14)</b>	<b>Junior (15-17)</b>	<b>Under30</b>	<b>Over 30</b>
<b>Preliminary</b>	Taegeuk 6	Taegeuk 7	Taegeuk 8	Keumgang
<b>Semifinal</b>	Taegeuk 5	Taegeuk 6	Taegeuk 7	Koryo
<b>Final 1</b>	Keumgang	Koryo	Shipjin	Jitae
<b>Final 2</b>	Taegeuk 7	Taegeuk 8	Keumgang	Shipjin
<b>Male Team</b>	<b>Cadet (12-14)</b>	<b>Junior (15-17)</b>	<b>Under30</b>	<b>Over 30</b>
<b>Preliminary</b>	Taegeuk 6	Taegeuk 7	Taegeuk 8	Keumgang
<b>Semifinal</b>	Taegeuk 5	Taegeuk 6	Taegeuk 7	Koryo
<b>Final 1</b>	Keumgang	Koryo	Shipjin	Jitae
<b>Final 2</b>	Taegeuk 7	Taegeuk 8	Keumgang	Shipjin
<b>Pairs</b>	<b>Cadet (12-14)</b>	<b>Junior (15-17)</b>	<b>Under30</b>	<b>Over 30</b>
<b>Preliminary</b>	Taegeuk 5	Taegeuk 6	Taegeuk 8	Taegeuk 8
<b>Semifinal</b>	Taegeuk 4	Taegeuk 5	Koryo	Keumgang
<b>Final 1</b>	Taegeuk 8	Taegeuk 7	Shipjin	Chonkwon
<b>Final 2</b>	Taegeuk 7	Keumgang	Pyongwon	Taebaek



# 2019 Maryland East Coast Open



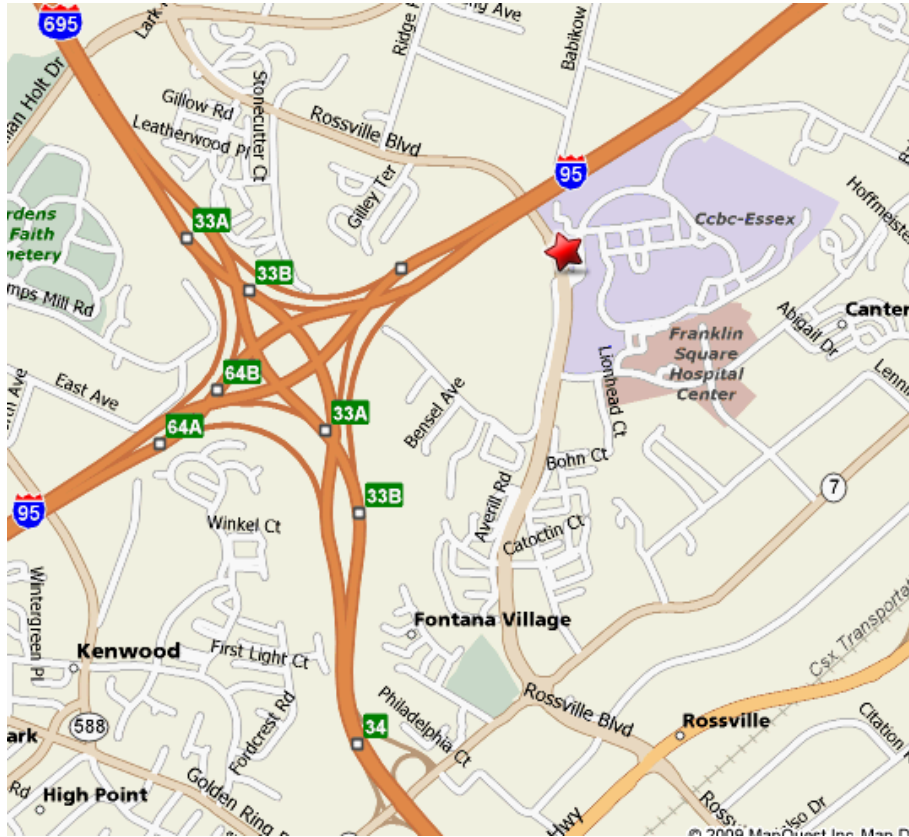
Saturday May 4, 2019

CCBC – Essex Community College Gymnasium

7201 Rossville Blvd, Essex, MD 21237

Info: (410) 731-4400 [www.marylandtaekwondo.org](http://www.marylandtaekwondo.org)

## TOURNAMENT SITE DIRECTION



### **Directions**

#### From West Baltimore or Frederick

Take Route 40 to I-695 Baltimore Beltway North-East  
Exit Left Lane to I-695 Beltway East  
Proceed to Exit 34  
Turn Left at 1<sup>st</sup> Signal on Philadelphia Rd.  
Turn Left at Rossville Blvd. Proceed about 1 Mile  
CCBC – Essex College & Hospital on your right

#### From Washington D.C. or Virginia

Take I-95 north to Baltimore  
I-95 Pass thru Fort McHenry Tunnel to Exit 64A  
Take I-695 Beltway East to Exit 34 &  
Turn Left 1<sup>st</sup> Traffic Signal onto Philadelphia Rd.  
Turn Left at Rossville Blvd.  
Proceed 1 Mile  
CCBC – Essex College & Hospital on your right

#### From Pennsylvania

Take I-83 South to Baltimore  
Exit Left Lane to I-695 Beltway East  
Proceed to Exit 34  
Turn Left at 1<sup>st</sup> Signal on Philadelphia Rd.  
Turn Left at Rossville Blvd. Proceed 1 Mile  
CCBC – Essex College & Hospital on right

#### From New York or Northern Maryland

Take I-95 South to Baltimore  
Exit Left Lane I-695 Baltimore Beltway Exit  
Take I-695 Beltway East to Exit 34 &  
Turn Left 1<sup>st</sup> Signal onto Philadelphia Rd.  
Turn Left at Rossville Blvd.  
Proceed 1 Mile  
CCBC – Essex College & Hospital on right

## Special Thanks to our Vendors



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BUSINESS HOURS: Mon~Fri 09:00 ~ 18:00

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Company: i-Tiger TaeKwonDo

Contact: Mr. Bo Kwon

Phone: 703-674-8734

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The logo for Grillipinos features the word "Grillipinos" in a large, bold, yellow-green font. The letter "G" is significantly larger and stylized. Above the letters "i", "l", and "i" are three blue flame icons. The entire logo is set against a black rectangular background.

Authentic Filipino Barbeque

“Filipino food is the next big thing”

-Anthony Bourdain, Celebrity Chef

**Special Thanks to our Medical Staff**



Bare Essentials Sports Medicine  
Is pleased to support the Maryland State Taekwondo Association and  
local tournament at Essex Community College

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