

JOIN US AT THE 28TH YEAR ANNIVERSARY

2019 U.S. TAEKWONDO FESTIVAL CHAMPIONSHIP

CELEBRATING THE PROCLAMATION OF THE WORLD'S FIRST TAEKWONDO DAY!



Competition Events:

- Traditional Forms
- Sport Poomsae
- Family Forms *NEW
- Team Forms *NEW
- Traditional Breaking
- Vertical Jump Kick Breaking *NEW
- Flying Front Kick Breaking *NEW
- Flying Side Kick Breaking *NEW
- Ring Master Sparring for ALL
- Daedo Gen2 Sparring for 12-32 Black Belt World Class
- Demo Team Competition *NEW

Saturday: October 5, 2019

**CCBC – Essex Community College Gymnasium
7201 Rossville Blvd, Essex, MD 21237**

NATIONAL LEVEL FACILITY & JUDGING

All proceeds of this tournament go directly to the U.S. Taekwondo Scholarship Foundation (USTSF), which supports Taekwondo practitioners

Weigh-in Time: 8:00 – 8:45am
Championship: 9:00 – 5:00pm
Opening Ceremony: 12:00pm

For Information:

Visit: www.USTAchang.com

Call: (443)243-4124

Email: USTA012@gmail.com

Tournament Director: Master Joseph Pirczhalski III

Organized by: U.S. Taekwondo Academy
Supported by: Maryland State Taekwondo Association
Sponsored by: U.S. Taekwondo Scholarship Foundation





2019 US Taekwondo Festival

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Letter from the Tournament Director



Greetings Taekwondo Members,

I would like to welcome everyone to the **2019 U.S. Taekwondo Festival Open Championship**. This prestigious tournament will mark the finale of this year's finest in competition as well as refereeing for the Maryland State Taekwondo Association. This remarkable tournament is one of my favorites of the year since all proceeds from this tournament go directly to the **United States Taekwondo Scholarship Foundation** which supports Taekwondo practitioners.

On behalf of the Maryland State Taekwondo Association, it gives me great honor to announce this year's competition to mark the **28th Year Anniversary for the proclamation of Taekwondo Day in the City of Baltimore**. This also coincides with the celebration of Taekwondo Day marked by the World Taekwondo Federation as it is now internationally recognized globally!

We will have two categories of black belt divisions in 12-14, 15-17, & 17-32: World Class and Open Sparring. Daedo scoring will be available for black belt world class divisions in 12-14, 15-17 and 17-32 divisions and Ring Master scoring for Open Sparring and all other age categories. Daedo Gen2 socks are required and will be available for purchase on site with our official equipment vendor. We will be holding the following NEW events this year: Family Forms, Team Forms, Vertical Jump Kick Breaking, Flying Kick Breaking, and Demonstration Team Competition.

Remember Taekwondo competition is an essential part of martial arts training. Competition allows you to put your individual skills to the test against another individual of similar experience and level. But keep in mind Taekwondo competition is ultimately a learning experience. And with every experience in life you gain knowledge, strength, courage, and confidence. Through your experience at the U.S. Taekwondo Festival you will become a better Taekwondo student overall.

Look forward to seeing all of you at this great tournament, so keep practicing and good luck.

*"It's not whether you get knocked down; it's whether you get up."
-Vince Lombardi*

Senior Master Joseph John Pirczhalski III
Past President & Tournament Chairman of the MSTA
Tournament Director of the 2019 U.S. Taekwondo Festival



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GENERAL INFORMATION

COMPETITION: 2019 U.S. Taekwondo Festival Tournament sanctioned by the USTSF.

COMPETITION FEES: 1) Ring Master/Daedo (Sparring), Traditional/Sport Poomsae/Family/Team (Forms) & 3 Station Traditional/Vertical/Flying Front/Flying Side Kick (Breakings). **Pre-Register: \$80** for one events, \$20/each additional event. **On-Site Registration: \$100** for one event, \$20/each additional event.

2) Mail-in registration will be accepted but must be **Postmarked by September 20, 2019. Credit Card (VISA/MC/DISCOVER) payment is only accepted for Mail-in registration.** There will be a \$10 processing fee incurred for all CC transactions. Only Cash, Cahiers checks, Money orders (**payable to US Taekwondo**), or Pre-Approved School Checks will be accepted for Mail-in registration. **NO** Personal Checks Accepted!!

Mail Applications to:

2019 U.S. Taekwondo Festival
1101 Many Lane, Bel Air, MD 21014

3) On-site registrations will be accepted. **Credit Card Payments will NOT be accepted ON SITE Only Cash, Cashiers check, money orders, or Pre-Approved School Checks accepted. NO** Personal Checks Accepted On Site!!

TIME SCHEDULE:

8:00 – 8:30 AM	On-Site Registration & Pre-Registration pickup for all 12 & up
8:00 – 8:45 AM	WEIGH IN – 12 & up BLACK BELTS ONLY
8:00 AM	Referee Meeting (MANDATORY)
8:45 AM	Report Time for ALL DAEDO BLACK BELT Competitors
9:00 AM	Report Time for ALL DIVISIONS 12 & up only
10:30 – 11:00 PM	On-Site Registration & Pre-Registration pickup for all 11 & under
11:30 – 12:00 PM	Lunch
12:00 – 1:00 PM	Opening Ceremony and Demonstration Team Competition
1:00 PM	Competition begins for Family/Team Forms & ALL DIVISIONS 11 & under only

ADMISSION FEES: \$10 (CASH ONLY) *Children 4 & under / 65 & over Free*

COACHING: **Pre-Registration \$30. On-Site \$50.** Applications will be available for Coaches to register at the door. 1 free Coach pass for (10) competitors or more.

COMPETITION RULES: The current modified USAT & modified WTF competition rules will govern this championship.

WEIGH-IN: Weigh-In required only for Black Belts who are competing in the (12-14), (15-17) & (17-32) sparring divisions. **Weigh-in will take place on Saturday 10/5/19 at the venue between 8:00-8:45 AM.**

MANDATORY EQUIPMENT: All Sparring competitors must wear: white, red or blue headgear (red & blue headgear must match with chest protector color), red and blue reversible chest protector, forearm guard, shin and instep guard, groin cup (male only worn inside and female optional) and mouthpiece. Each competitor must provide his or her own equipment. Some equipment will be sold at the tournament site. **12-14, 15-17 & 17-32 World Class Black Belt Divisions must provide their own Gen2 Daedo Socks.**

COMPETITOR AWARDS: Beautiful trophies will be awarded to:
Forms / Breaking: one 1st, one 2nd & one 3rd place winners. Sparring: one 1st, one 2nd and two 3rd place winners.

HOTEL: Hampton Inn Baltimore/White Marsh
8225 Town Center Drive, Baltimore, MD 21236
Phone 410-931-2200



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Mail To:
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**Must be Post Marked
No later than
September 20, 2019
for Pre-Registration**

COMPETITOR ENTRY FORM

(Please Print legibly)

ATHLETE INFORMATION

Athlete's Last Name:		First Name:		Middle Name:	
Street Address:					
City:		State:		Zip Code:	
Home Phone #		Cell Phone:		Email (Send information for events and seminars)	
Approximate Weight (LBS) :		Birth date: MM/DD/YY / /		Age:	Sex: <input type="checkbox"/> :M <input type="checkbox"/> :F

THE FOLLOWING IS REQUIRED TO BE ATTACHED TO THIS FORM (Athlete to check box indicating task is complete)

- : Liability Waiver form on back signed
- : Division Form with respective divisions competing in circled

I AM ENTERING IN THE FOLLOWING EVENTS (please circle)
(\$100.00 for One and \$20 for each additional Event on-site Registration)
or
(\$80.00 for One and \$20 for each additional Event Pre-Registration)

TRADITIONAL FORMS / TEAM / FAMILY / SPORT POOMSAE / 3 STATION BREAKING / VERTICAL KICK
 FLYING KICK / RING MASTER SPARRING / DAEDO SPARRING

RANK (Circle One)

WHITE-YELLOW-ORANGE / GREEN / BLUE-PURPLE / BROWN-RED / BLACK BELT-DAN RANK:

TAEKWONDO SCHOOL INFORMATION

Name of School :		School Address :			
City,		State		Zip Code	School Phone #

ATHLETES ACKNOWLEDGEMENT

(Parent or Guardian must complete if competitor is 17 years or younger)

I have read, understood, signed and attached to this form the Liability Waiver form. The above information is true to the best of my knowledge.

Athlete Signature / Parent (Print and Sign) or Guardian (Print Name and Relationship, then sign)

Date: (MM/DD/YY)

Payment Information:

*Credit Card Payment is only applicable for Pre-Registration Only. You may make payment via Cash, Cashier's Check, Money Order or Credit Card for Pre-Registration. No Credit Card payment will be accepted On-Site. **All Credit Card Transactions will incur a \$10 transaction fee.**

Credit Card Number w/ Security Code:			Expiration Date:		
Signature:		Amount:		All Applications & Fees are Non-Refundable	
<input type="checkbox"/> : Cash	Amount:	<input type="checkbox"/> : Money Oder/Cashier's Check	Amount:		

Please Turn to back of THIS page. Must SIGN back in order to Process.



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WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my participation or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2019 U.S. Taekwondo Festival Tournament, Grand Master Se Yong Chang, Master Joseph Pirczhalski III, Master Yong Seong Chang, United States Taekwondo Scholarship Foundation, Chairman George Chang, CCBC-Essex Community College, Chang’s Martial Arts, Inc. d/b/a U.S. Taekwondo Academy and for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child’s own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I have read this agreement, fully understand it’s terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant’s Printed Name	Participant’s Signature	Date
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Parent/Guardian’s Printed Name	Parent/Guardian’s Signature	Date
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**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL
CONSENT AND INDEMNITY AGREEMENT**

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against Grand Master Se Yong Chang, Grand Master John Holloway, Master Joseph Pirczhalski III, Master Yong Seong “CJ” Chang, Master Chien Vuong, this athletic meet, its organizing committee, the 2019 US Taekwondo Festival Championships, the World Taekwondo Federation, CCBC-Essex Community College, and all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet. I understand that all entry fees are nonrefundable.

- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.

- I understand that the competition rules are based on the rules of the USAT & WTF. I agree to all the tournament competition rules and understand that any pictures taken of me in connection with 2019 US Taekwondo Festival Championships may be used by the organizer for publicity or promotion without compensation.

- I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name

Participant's Signature

Date

Parent/Guardian's Printed Name

Parent/Guardian's Signature

Date



Competition Rules and Regulations

Sparring Competition Rules	
Age	Rules
11 & under	USAT/WTF Modified rules. No Head Contact for all belts except BB Ages (8-11) Junior Safety rules for Black Belts (ages 8-11)
12 - 14	USAT/WTF Modified rules. Junior Safety Rules for All Belts
15 - 17	USAT/WTF Modified rules. Junior Safety Rules for Color Belts Senior Rules for Black Belts
17 & up	USAT/WTF Modified rules. Senior Rules for All Belts

Important

Ages (12-32) Black Belt sparring Divisions ONLY:

Weigh-in required only for BLACK BELTS who are competing in the (12-14, 15-17 & 18-32) year old sparring divisions. Weigh-in will take place on Saturday October 5th at the venue between 8:00-8:45am. Competitors will be allowed two opportunities to stand on the scale, during this time if unable make weight on the 2nd try, Competitors will be moved up/down to next weight divisions.

We will have two categories of black belt divisions in 12-14, 15-17, & 17-32: World Class and Open Sparring. **Daedo scoring will be available for black belt world class divisions in 12-14, 15-17 and 17-32 divisions** and Ring Master scoring for Open Sparring and all other age categories. Daedo Gen2 socks will be available for purchase on site.

All Color Belts Divisions, Black Belt Divisions (11 & under), Black Belt Divisions (33 and up):

There will be **NO** weigh-in for All Color Belt divisions, Black Belt divisions (11 and under), or Black Belt divisions (33 and up.) You must enter your correct weight during your registration. If there seems to be a purposeful falsifying of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration will not be allowed to compete and be disqualified. (Competitors will not be moved up or down divisions due to this falsification).

***If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.

***Athletes ages 15 - 17 (**Sparring division ONLY**) may compete in their own division or an older age division for their respective weight.

***Athletes 33 years and up (**Sparring division ONLY**) have the option to compete in their own division or the 17-32 year old division for their respective weight.



Poomsae

ALL Taekwondo Forms will be allowed

Rank (Kub)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom-Dan: 1 - 2 - 3
Belt Colors	White/Yellow/Orange		Green	Blue/Purple	Red/Brown	Black
Poomse: Taeguek / Palgwae / Chang Hon / Pyung Ahn / etc..	Basic Form / Taegeuk 1 or 2		3 or 4	5 or 6	7 or 8	Koryo-Keumgang-Taebaek etc.,

TRADITIONAL: Poomsae competitors must perform only the Poomsae designated for their specific rank. ALL Taekwondo poomsaes will be allowed. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Poomsae will be bracket competition like Sparring.

SPORT POOMSAE: Sport Poomsae will only be available in 10 & older black belt divisions. Competitors in these age categories will have a choice to compete in Sport Poomsae or Traditional Poomsae. Competitors CAN compete in both forms events. Designated forms will be posted on the Maryland State Taekwondo Association website at www.marylandtaekwondo.com and onsite the morning of competition

FAMILY FORMS: 2 or more competitors in the immediate family only. No cousins. Any forms can be chosen to compete. Score cards will be used to scoring.

TEAM FORMS: 3 or more competitors in the same belt groups. Coed is permitted. Score cards will be used to scoring.

Kyuk-pa (Breaking)

3 Station Traditional Board Breaking

1. Competitors must provide their own boards and holders.
2. **Only Pine Boards** will be allowed. **No** bricks, cinder blocks, or fruit.
3. Competitors can choose the kind of techniques and number of boards to break.
4. The maximum number of stations is 3 with 1-3 kicking techniques per station.
5. The maximum set-up time is 1 minute.
6. The maximum time to complete the performance is 1 minute.
7. The maximum number of tries is 2 times.
8. The performance must be done within the regulation ring size.

Vertical Jump Kick Breaking

1. Competitor must provide their own boards and holders and pine wood boards will be allowed.
2. Competitor can choose their best vertical jump kicking technique to showcase to the judges.
3. The maximum number of tries is 2 times.
4. The performance must be done within the regulation ring size.
5. The maximum time to complete the performance is 1 minute.

*** Boards will be available for purchase at the Venue. ***

Flying Front/Side Kick Breaking

1. Competitor must provide their own boards and holders and pine wood boards will be allowed.
2. The tournament will provide the standard cardboard shipping boxes laid on its sides as obstacles for the competitor to jump over. There will be two sizes: children size (smaller) and adult size (larger).
3. Competitor can choose to do one practice attempt on a paddle as an option before the actual performance.
4. The maximum number of tries is 2 times to break the board.
5. The maximum time to complete the performance is 1 minute.

*** Boards will be available for purchase at the Venue. ***



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2019 U.S. Taekwondo Festival Tournament Divisions

Traditional Poomsae (Forms) – All Ages

Age	7 & Under	8-9	10-11	12-14	15-17	18-32	33 & Up
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black
Gender	Male			Female			

Sport Poomsae for Black Belts Only

Age	10-11	12-14	15-17	18-30	31-39	40-49	50-59
Rank/Belt	Black						
Gender	Male			Female			

Team Poomsae (Forms) – Minimum 3 person teams

Age	There is no age divisions as team mates can team up with 3 competitors per team minimum of the same belt color						
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black
Gender	Male			Female			

Family Poomsae (Forms) – All Ages

Age	There is no age divisions as parents and/or siblings can team up with 2 competitors per family minimum						
Rank/Belt	No division in age						
Gender	No Gender division						

Competitors can compete in multiple poomsae divisions

Traditional 3 Station Breaking – All Ages

Age	7 & Under	8-9	10-11	12-14	15-17	18-32	33 & Up
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black
Gender	Male			Female			

Vertical Jump / Flying Front Kick / Flying Side Kick

Age	13 & Under		14 & over				
Rank/Belt	No division in belt						
Gender	No Gender division						

Open Ring Master Sparring – All Ages

Age	4-5	6-7	8-9	10-11	12-14	15-17	33-39	40 & Up
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black	
Weight	Light			Middle			Heavy	
Gender	Male				Female			

Daedo Sparring – Ages (17-32) Black Belts

Divisions	Men's Weight	Women's Weight
Fin/Fly	000.0 – 127.9 lbs.	000.0 – 108.0 lbs.
Bantam/Feather	128.0 – 149.9 lbs.	108.1 – 125.7 lbs.
Light/Welter	150.0 – 176.4 lbs.	125.8 – 147.7 lbs.
Middle/Heavy	176.5 – 999.9 lbs.	147.8 – 999.9 lbs.

Daedo Sparring – Ages (12-14) Black Belts

Divisions	Men's Weight	Women's Weight
Fin	000.0 – 72.8 lbs.	000.0 – 63.9 lbs.
Fly	72.9 – 81.6 lbs.	64.0 – 72.8 lbs.
Bantam	81.7 – 90.4 lbs.	72.9 – 81.6 lbs.
Feather	90.5 – 99.2 lbs.	81.7 – 90.4 lbs.
Light	99.3 – 108.0 lbs.	90.5 – 97.0 lbs.
Welter	108.1 – 116.8 lbs.	97.1 – 103.6 lbs.
Light Middle	116.9 – 125.7 lbs.	103.7 – 112.4 lbs.
Middle	125.8 – 134.4 lbs.	112.5 – 121.3 lbs.
Light Heavy	134.5 – 143.3 lbs.	121.4 – 130.1 lbs.
Heavy	143.4 – 999.9 lbs.	130.2 – 999.9 lbs.

Daedo Sparring – Ages (15 - 17) Black Belts

Divisions	Men's Weight	Women's Weight
Fin	000.0 – 99.2 lbs.	000.0 - 92.6 lbs.
Fly	99.3 – 105.8 lbs.	92.7 – 97.0 lbs.
Bantam	105.9 – 112.4 lbs.	97.1 – 101.4 lbs.
Feather	112.5 – 121.3 lbs.	101.5 – 108.0 lbs.
Light	121.4 – 130.1 lbs.	108.1 - 114.6 lbs.
Welter	130.2 – 138.9 lbs.	114.7 – 121.3 lbs.
Light Middle	139.0 – 149.9 lbs.	121.4 – 130.1 lbs.
Middle	150.0 – 160.9 lbs.	130.2 – 138.9 lbs.
Light Heavy	161.0 – 172.0 lbs.	139.0 – 149.9 lbs.
Heavy	172.1 – 999.9 lbs.	150.0 – 999.9 lbs.

ALL DIVISIONS ARE SUBJECT TO CHANGE

Special Thanks to our Vendors



Web: <http://aamausa.com/>

ADDRESS: 22923 Quicksilver Drive #101, Sterling, VA 20166

TOLL FREE: 1-888-668-6355

PHONE: 1-703-996-8750

FAX: 1-703-996-8753

BUSINESS HOURS: Mon~Fri 10:00am ~ 6:00pm



Company: i-Tiger TaeKwonDo
Contact: Mr. Bo Kwon
Phone: 703-674-8734



Company: Bare Essentials
Contact: Trish Bare Grounds
Phone: 850-582-2067



Authentic Filipino Barbeque
"Filipino food is the next big thing"
-Anthony Bourdain, Celebrity Chef